Good Friday Psalm 22





O my Beloved, **why** have You for-**saken** me? Why are You so far, a-**bandoning** me as I groan in **misery?** O my Beloved, I cry by day, **but** You do not **answer**; and by night, but **find** no **rest**.

I seem as nothing, hardly alive; **scorned** and despised by **many**. Those who see me make fun at my expense, they **ridicule** and gossip a**-mong** themselves; "Commit yourself **to** the Most **High**; let Love deliver you, you who de**-light** in the Most **High!**"

Yet, You are the One who took me from the womb; You kept me **safe** upon my mother's **breasts**. Upon You I was cast from my birth, and ever since my mother bore me,

You have been my strength. Come close to me, for trouble is near and there is none to help.

I am poured out like water, and all my **bones** are **weak**; my heart is like wax, **melting** within my **breast**; My strength is broken as a shard of pottery, and my **mouth** is **dry**; You have laid me in the **dust** of **death**.

Yes, boars are round about me; a company of **evildoers** en-**circle** me; they have pierced my hands and feet – I can count **all** my **bones** – they stare and gloat over me a-**waiting** my de-**mise**; They divide my belongings among them, ava-**riciously** casting **lots**.

But You, O Beloved, be **not** far **off!**You, who are my help, **hasten** to my **aid!**Free my soul from this agony, my life from the **power** of the **boar!**Save me from the mouth of the lion, my afflicted **soul** from the horns of the **bull!**